



NEWSLETTER

23/04/21

Congratulations to our Learners of the Week for.....

Year R	Well done Ali for developing his confidence and approaching every new challenge with a positive attitude!	Well done Hassnain for giving 100% to everything he does whilst always having a big smile on his face :)
Year 1	Well done India E-S for creating an amazing poster in English about how she can help look after our world!	Well done Harvey for being a super listener all week!
Year 2	Well done Lily-Mae for showing determination and resilience in her Maths and English work all week!	Well done Taylor M for your enthusiasm and positive attitudes towards her learning!
Year 3	Well done Emelia – your confidence is growing every day and you are making superb contributions in every lesson!	Well done Finley for your brilliant debating skills in English!
Year 4	Well done SiQi for writing a brilliant balanced argument and using a variety of interesting conjunctions to link their paragraphs.	Well done Seth for writing a brilliant balanced argument and using a variety of interesting conjunctions to link their paragraphs.
Year 5	Well done Sahil for your fantastic fractions work and your great attitude to learning!	Well done Leon for developing a more mature attitude and being a good friend!
Year 6	Well done Elliott T for growing in confidence and beginning to believe in yourself. You can achieve anything you set your mind to!	Well done Conner for putting 100% effort into his writing this week. He has made a huge improvement and used some fab sentence structures!

GREAT JOB - YOU have earned 10 dojos!

Year 3 swimming

WELL DONE to all of Year 3 who went to Pendle Leisure Centre for their first swimming lesson last Friday afternoon. Mr. Filder was massively impressed by the children's behaviour and positive have a go attitude.

The school office is open from 8.30am.

Please leave a message on the answer phone before 8.30am.

A member of staff will phone you back when necessary.



Parent Governor Election

We are looking for 2 new Parent Governors.

You can find out more about the parent governor role by visiting this link

<https://www.lancashire.gov.uk/children-education-families/schools/become-a-school-governor/>

You have received a letter today asking parents for nominations.

The deadline for sending in your completed nomination form is

12.00 on Wednesday 5th May

Census 2021 - It's not too late!

Even if you've missed Census Day there is still time to complete your census.

Every household is required by law to complete the census and even though Census Day – 21 March 2021 – has been and gone, it is not too late to complete a questionnaire.

There has been a great response to Census 2021 so far, but everyone needs to respond as soon as possible to avoid a fine.

By taking a few minutes to complete the form you will be helping shape the local services in your community – the bus routes, school places, the hospital beds.

People can ask a trusted person, such as a friend, family member or carer, for help when completing their form. Over the phone and in-person support is available from the Census Support Centre run by Big Talkers Ltd (01282 792883) or at any local library.

Happy St. Georges' Day



Fun Facts about St. George

Even though he is honoured as a national hero in England, he is not actually English. In fact, he's never even been!

St. George was actually from Cappadocia, now called Turkey.

He has never killed a dragon, and he was not a knight either.

St. George was martyred because he refused to make a sacrifice in honour of the pagan gods.

Now, he is the Patron Saint people turn to for protection.

Hot school meal plan for next week

Children will still have packed lunches on the days when their year group is **not** having hot school meals – these will either be provided at school or brought in from home.

Week starting Mon 26th April	Monday	Tuesday	Wednesday	Thursday	Friday
Year group bubbles	Reception	Year 1	Reception	Year 1	ALL YEAR GROUPS
	Year 2		Year 2		
	Year 4	Year 3	Year 4	Year 3	
	Year 6	Year 5	Year 6	Year 5	
Menu choices	Brunch OR Tomato pasta	Cheese whirl OR Pasta bolognese	Roast dinner OR Fish	Curry & rice OR Burger	Pizza OR Fish fingers

HOW TO CHECK WHETHER YOU ARE ELIGIBLE FOR FREE SCHOOL MEALS

The Pupil Access Team are very busy and it is hard to contact them by phone.

This is the best and quickest way to check whether your child is eligible:

1. Use this online link: <https://www.lancashire.gov.uk/children-education-families/schools/free-school-meals/> to access the free school meals page
2. Go to section 3 Register
3. Click on the green bar that says Register for free school meals and pupil premium
4. Complete the online form
5. You will need your national insurance number and date of birth to fill the form in
6. When completed submit the form

The Pupil Access Team will check the information on the form and let you know by email within a few days

Do not use a rapid lateral flow test when you have coronavirus symptoms. Get a PCR test and self-isolate.

Parents can now access lateral flow tests for covid-19 by ordering on the website:

<https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

Order by phone. Call 119. Lines are open 7am to 11pm and calls are free.

You can also:

- find a pharmacy where you can collect tests
- find a local site to get tested at
- find a local site where you can collect tests
- get tests from your employer (if you cannot work from home)

When your child has a positive lateral flow test result, it is essential that you book a PCR test for your child as soon as possible to confirm that the result is positive. Then inform school so we can decide if anyone needs to self-isolate.

When you or your child has symptoms, you and everyone you live with must immediately self-isolate. Do not leave home until you get your test results, except to post a test kit or for a PCR test appointment.

Remember to tell the school office when your child tests positive OR when your family has to self-isolate because of contact with someone who has tested positive.

During term time you can either phone school (during the school day) OR email covid@weststreet.lancs.sch.uk (outside school hours) to let us know. It is essential that all absences and covid test results are reported to the school, not your child's teacher.



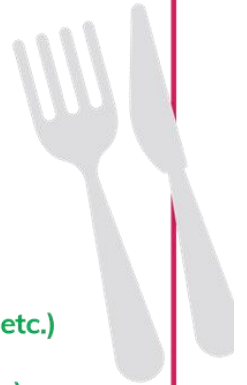


60-Second Vegtastic Lunchbox Hacks

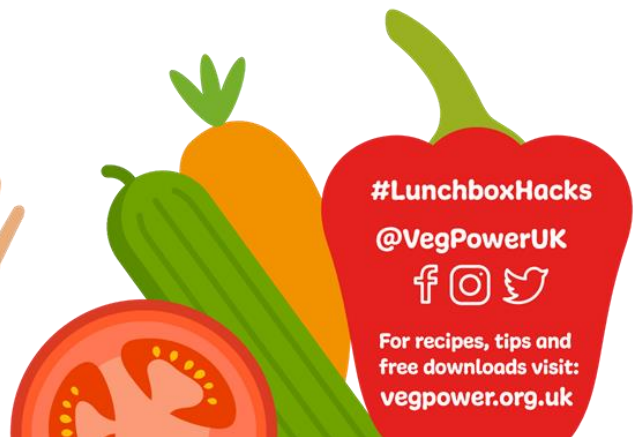
Veg are a key part of a healthy diet but it can be a real struggle to get kids to eat enough of them. Adding an extra portion or two to their packed lunch will help to up their intake. Try these simple ideas to **veg-pack their lunchboxes** with limited faff.

The basic toolkit:

- 🍅 **Containers** (small and lidded for dips, leftovers and more)
- 🍅 **Cutlery** (if needed)
- 🍅 **Thermos** (any heat-retaining flask is great for soups, baked beans, leftovers, etc.)
- 🍅 **Bamboo kebab sticks** (optional, but helpful for making veggies more fun)



Top tip: Know your portions – a child's portion of veg is roughly 50g or what fits into a child's hand.



5 easy #LunchboxHacks to add more veg in 60 seconds or less:



1. The Salad-on-a-Stick



Get a bamboo kebab stick and thread on different veg such as cherry tomatoes, cubed cucumber, cubed cooked beetroot, chunks of peppers, raw button mushrooms, crunchy lettuce, etc) in fun colours. If your child isn't a fan of veg, try starting off by alternating veg with cooked meat, cubed cheese, etc to ease them into it.

My Favourite veg was:

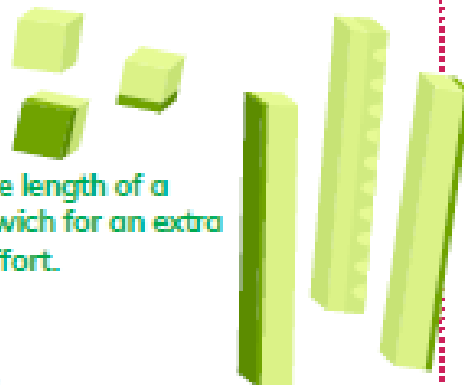
2. The Lunch Crunch



1 carrot chopped into sticks (or pre-chopped carrot sticks) with a pot of hummus (or their favourite dip) adds a portion of veg.

I ate this many carrots:

3. The Sandwich Slice



Slice 5cm cucumber (about the length of a small egg) and add to a sandwich for an extra portion of veg with minimal effort.

I ate this much cucumber:

4. The Helpful Handful

Add a handful of ready-to-eat snacky veg to a container. Try cherry tomatoes, drained tinned sweetcorn, celery sticks, green beans, cucumber etc.



My Favourite veg was:

5. The Half-Baked Plan

Heat through half a tin of baked beans (ideally low sugar and salt) and stick in a heat-retaining flask for an easy veg portion win.

This week my rating is:

Top tip: Keep trying! If they are not used to veg in their packed lunch, it may be picked out and ignored on the first few days. The more they see it and interact with it, the more the veg becomes "normal".

For recipes, tips and free downloads visit: vegpower.org.uk